

Two-times Asian champion
Medalist of the World Games
Russian Champion
Medalist of the World Cup

Official ambassador of Dvillena in Russia

Master Classes
Group Trainings
Personal Training
Preparation of New Routines

For cooperation please contact (ИМЯ)
51rg@mail.ru
+7 906 2 888 999

In your application for master-class or training camp, please indicate the estimated dates, the number of days, hours per day, number and age of participating gymnasts.

Dear friends!

You can invite me to a master classes, training camps, individual trainings, a gala or sports events, advertising projects, photo shoots, etc.!

My schedule is very eventful, so I ask you to plan our meetings in advance. The earlier, the more likely that we will meet with you! If I have an opportunity and free time, I will gladly respond to your invitation!

All organizational matters including financial and advertising, please discuss with my director.
51rg@mail.ru, +7 906 2 888 999 (WhatsApp)

Thank you,
Sincerely,
Elizaveta Nazarenkova

My conditions:

- Official invitation
- Direct flight Moscow - point of the event - Moscow
- Accommodation in hotel/apartments (for 2 people)
- Meal three times a day (depending on a schedule)
- Video recording is negotiated additionally
- Off day/Rest day (sightseeing, excursions)

Around the world with Elizaveta Nazarenkova

Elizabeth invites everyone to cooperate, she expects offers and invitations from organizations, clubs, sports schools and individual gymnasts.

Any gymnast over the age of 14 has the opportunity to participate with Elizabeth in her activities. Elizabeth will consider nominations of all comers. Mandatory condition - payment of your own expenses.

Contact Elizaveta's director and include following information: Phone contact (WhatsApp), city, age, level of preparation (photo, video).

Countries visited by Elizaveta

Belarus, Bulgaria, Brazil, Canada, Colombia, Croatia, Czech Republic, Estonia, Finland, France, Germany, Great Britain, Hungary, Israel, Italy, Jordan, Kazakhstan, Korea, Latvia, Luxembourg, Mexico, Montenegro, Netherlands, Norway, Poland, Portugal, Romania, San Marino, Slovakia, Slovenia, Spain, Taiwan, Turkey, UAE, Ukraine, Uzbekistan

Carreer highlights

- Finalist of the World Universiade in Korea (2015)
- Winner of international tournaments in the World Cup and Grand Prix
- Included in the RANK-list of the strongest gymnasts of the World
- The winner of the MT FIG in the Grand Prix (2011) in Israel (Holon) in all-around.
- The winner of the MT FIG in the CUP of the WORLD (2011) in Ukraine (Kiev) in the all-around.
- Silver medalist of the Grand Prix "DERIUGINA CUP 2010" in Ukraine in the all-around.
- Winner and prize winner of MT FIG "MONTENEGRO CUP 2013" in Montenegro.
- Winner of the MT FIG "LUXEMBOURG TROPHY 2013" in Luxembourg in the all-around.
- Winner of the MT FIG in Kazakhstan (Chimkent 2013) in all-around.
- Winner and prize winner of MT FIG "BALTIC HOOP 2013" in Latvia.
- Winner and prize winner of MT FIG "PAS-de-CALAIS 2012" in France.
- Winner and prize winner of MT FIG "AmsterdaMMasters 2012" in the Netherlands.
- Silver medalist MT FIG "VENERA CUP 2012" in Israel in the all-around.
- Winner of MT FIG "MISS VALENTINE" in Estonia (2010).
- Silver medalist MT FIG "Yaroslavl Spring" in Yaroslavl (2014).
- 2-fold winner in the all-around All-Russian tournament "SPRING CUP" (2013, 2014).
- Winner of MT "SVS-OPEN" (2006) in Finland.
- Winner and prize winner of the MT FIG in Turkey "IZMIR CUP 2014" (Izmir 2014).
- MT winner in Canada Salut Cup International (Toronto 2016).
- Silver medalist of the XVII international tournament "CUP SPARTAK" (2012) in Moscow.
- The winner of the Olympics in the North-West Federal District (2009) in the all-around.
- Multiple winner of the Championships and Championships of the Association "Rus".
- Winner of the "Sporting Valor" badge of honor

Coaches

Irina Aleksandrovna VINER-USMANOVA

President of the All-Russian Rhythmic Gymnastics Federation. Head coach of the Russian national team. Honored trainer of Russia - Moscow. Hero of Labor of the Russian Federation Among her alumni are the Olympic champion of Sydney Yulia Barsukova, the Olympic champion of Athens Alina Kabaeva. And also Irina Chashchina, Daria Dmitrieva and the first ever 2-time Olympic champion in the individual all-around Eugene Kanaeva.

Natalia Makedonovna GORBULINA

Senior coach of the main national team in the individual program. Honored coach of Russia. Ekaterinburg - Moscow. Coach of the 2000 Olympic champion Irina Zilber, world champion in 2003 and 2005, European champion in 2002, 2005 and 2007. in certain types of all-around, 2006 European Absolute Champion Vera Sesina. N.M.

Lyudmila Leonidovna NAZARENKOVA

President of the Federation of rhythmic gymnastics of the city of Murmansk. Category coaching - the highest. Multiple winner in the nomination "The best coach of the Murmansk region." She was awarded the medal "For high performance in coaching activity", an honorary badge "Sports valor." Among her alumni are the winner of the World Games, the Champion of Asia, the Champion of Russia and Uzbekistan, the winner of the World Cups, the winners of the international tournaments of the FIG, the All-Russian tournaments, the Championships of the North-West Federal District